



## Giving Women a Choice and a Voice for a More Fulfilling, Healthier, Balanced Personal and Professional Life

Own Your Power, Feel Your Spirit, Live your Life by Your Own definition with Wit & Wisdom!

Own it, Feel it, Live it forums, Spirituality in Stilettos® for working women advocates a more mindful approach to business by acknowledging and honoring the full breath and depth of the many roles and chapters a woman navigates. By embracing the importance and principals of Total-wellbeing for a better work life balance, we can foster more sustainable caring, healthier, happier, united cultures, where women can thrive professionally and personally.

Diane's goal is to give women the resources, opportunity, and ultimately the knowledge to empower and make informed choices while recognizing the true pure potential that lies within. Most importantly, the wisdom that we are not alone, and we are valuable, multidimensional beings, capable of extraordinary things at any age!

*"My belief is founded upon the premise that by building a vision together, we can free, inspire, and empower women to build upon their passion for true success."*



Customized Keynote presentations, expanded half day, full day, or multi-day workshop signature program topics may include:

**CARE Signature Program:** Collaboration Attention Recognition Empowerment.  
Fostering a happier, healthier more fulfilling, dynamic work place.

- **Total-Wellbeing:** Balancing and connecting work, relationships, community and self in the modern business world with wit and wisdom. Engage, embrace, and ignite the power of your **Whole** being.
- **Self Advocacy:** Stand tall; Value who you are, your dreams and what you have to offer the world. Connect and trust your own voice to create your personal vision and platform for your own definition of success. What's holding you back?
- **Navigating Transition:** Help women honor and embrace the many phases they navigate through personal and professional life, with clarity, confidence and grace.
- **Creative Abundance:** Cultivating curiosity, flexibility and creativity for innovative personal and business growth.

Join Diane as she shares three simple steps, Own it, Feel it, Live it and get ready to strut down life's runway dressed in your very own truth and style.

*Contact Diane and her team for upcoming forums in your area and Customized Keynote presentations, expanded half day, full day, or multi-day forums for your Business.*

For more information about Diane Danvers Simmons and her work with Own It, Feel It, Live It, visit her official website at [www.ownitfeelitliveit.com](http://www.ownitfeelitliveit.com).

